



Province of St. Martin de Porres (Southern USA) - Lay Fraternities of St. Dominic
Candidate Program Outline

Month	Topic(s)	Objectives	Readings and/or Sources
Sept (1)	Introduction to the Dominican Order, Part I SAINT: Bl. Reginald of Orleans	<ul style="list-style-type: none"> Identify the following elements of Dominican Spirituality: <ul style="list-style-type: none"> the emphasis on the role of the movement of divine grace upon the will the role of preaching the centrality of the Incarnation love of truth: Veritas Recognize the source of Dominican joy-- living the life of the Beatitudes Explain the origins of the Dominican Salve Procession 	<p>Domcentral.org. (Ashley, Benedict, O.P). "Dominican Spirituality." Undated. Accessed September 17, 2012 and August 2015, from Central Province Website (Province of St. Albert the Great) http://opcentral.org/blog/dominican-spirituality/</p> <p>Murray, Paul. <i>The New Wine of Dominican Spirituality</i>. Ch. 1 "What is Dominican Spirituality" (pp. 5-44)</p> <p>The Salve Dominican Sisters of St. Cecilia, Nashville, TN http://www.nashvilledominican.org/prayer/our-lady/the-salve/ access website for audio of The Salve (3:51)</p> <p>Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/our-saints-and-blesseds/bl-reginald-of-orleans/</p>
Oct (2)	Introduction to the Dominican Order, Part II - (Historical Documents) SAINT: Bl. Jordan of Saxony	<ul style="list-style-type: none"> Recognize the long history of Dominican Laity (began 1285) and its continuity with the earliest days of the Order. State the founding purpose of the Lay Fraternities Deepen one's knowledge of St. Dominic and the early days of the Order through the reading of selected canonization proceedings Identify ways of personally imitating Dominic's prayer, poverty, & virtues 	<p>Excerpts from <i>The Libellus</i> and Canonization proceedings of St. Dominic from Lehner, Francis C., O.P., (Ed). <i>Saint Dominic: Biographical Documents</i>, Washington, D.C.: Thomist Press, 1964. http://opcentral.org/resources/2012/08/23/the-libellus-of-jordan-of-saxony/, accessed July 2016.</p> <p>"Statute of the Congregation of St. Dominic, Bologna, 1244" and "New Statutes of the Congregation of Our Lady of Arezzo, 1262" in Tugwell, Simon, OP. (Ed). <i>Early Dominicans Selected Writings</i>. Paulist Press, New York: 1982, pp 433-439.</p> <p>Murray, Paul. <i>The New Wine of Dominican Spirituality</i>. Ch. 2 "Dominicans and Happiness" (pp. 45-77)</p>

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			Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/our-saints-and-blesseds/bl-jordan-of-saxony/
Nov (3)	Intro to the Dominican Order, Part III – (the Lay Fraternities) SAINT: • Bl. Pier Giorgio Frassatti	<ul style="list-style-type: none"> • Explain how the local chapter is connected to the Dominican Order and to the universal Church • Describe the character of the Lay Dominican promise (see <i>Ritual Order</i>) and the earliest statutes. • Identify the historical development of the Lay Dominican Rule from its conception to the present 	<p>Congregation for Divine Worship and Discipline of the Sacraments. <i>Ritual Order for the Reception and Profession into Clerical or Lay Fraternities of Saint Dominic</i>, 1998. Promulgated by Timothy Radcliffe, OP, 1999, pp. vii-ix; xiv; and pp. 7-28.</p> <p><i>Code of Canon Law</i> (1983): Applicable canons from “Associations of the Christian Faithful” (#298, 301, 303-306).</p> <p>Selections from the <i>Rule and Directory of the Southern Province</i> (2016)</p> <ul style="list-style-type: none"> • I - Letter of Father Kammler, Oct 2007 • II - Historical Development of the Rule (p. 6) • III - Decrees of Cardinal Hamer & Master General Fr. Damian Byrne, OP (pp 7-8) • IV - General Declarations of the rule of the Lay Fraternities (1987), (pp 13-16) <p>Saint: Bl. Pier Giorgio Frassati http://www.nashvilledominican.org/community/our-dominican-heritage/our-saints-and-blesseds/bl-pier-giorgio-frassati/</p>
Dec (4)	The Four Pillars of Dominican Life: Community SAINTs: The Saints of Lima: St Juan Macias St. Martin de Porres St. Rose of Lima	<ul style="list-style-type: none"> • Study and reading of the Rule and Directory in order for one to make a Temporary Promise • Understand how the Rule of Lay Chapters applies to one’s life by the nature of the Promise • Explain the Basics of Lay Dominican Life • Recognize the structure of the Government of a Chapter • Explain membership and the process of incorporation 	<p><i>Rule and Directory, Southern Province of St. Martin de Porres</i>, 2016. “The Rule of the Lay Chapters of St. Dominic,” sections 1-14 pp 9-12 and The Particular Directory Preface and Section I “The Basics of Lay Dominican Life” and “Structure and Government of a Chapter” pp. 20-31</p> <p>Saints: http://www.nashvilledominican.org/community/our-dominican-heritage/</p>

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<p>Jan (5)</p>	<p>The Four Pillars of Dominican Life: Prayer, Part I of III (Liturgical)</p> <p>SAINT: Pope St. Pius V</p>	<ul style="list-style-type: none"> • Define “Liturgy” as expressed in the CCC • Discuss in what sense the Liturgy of the Hours is the: <ul style="list-style-type: none"> ○ Prayer of the Bride of Christ; ○ prayer of Christ the Head; ○ prayer of the Mystical body ○ extension of the Mass throughout the day • Grow in one’s devotion to the Holy Mass by identifying its four-fold purpose (as explained by LaGrange): adoration, praise, reparation; petition 	<p>Selections from the <i>Catechism</i>, CCC #1066-1075 (Celebration of the Christian Mystery)</p> <p>United States Catholic Conference. “The Historical Development of the Liturgy of the Hours” in <i>Study Text VII: The Liturgy of the Hours</i>. Washington, DC: United States Catholic Conference, 1981, pp. 11-15.</p> <p>United States Catholic Conference. “A Theology of the Liturgy of the Hours” in <i>Study Text VII: The Liturgy of the Hours</i>. Washington, DC: United States Catholic Conference, 1981, pp. 17-21.</p> <p>Lagrange, Reginald Garrigou-. <i>The Three Ages of Interior Life.</i>, Vol. 2 Ch. 24. “The Sacrifice of the Mass and Proficients” http://christianperfection.info//tta73.php Part 3 - “The Illuminative Way of Proficients” Ch. 24</p> <p>Benedict XVI. <i>Spe Salvi (Saved in Hope)</i>. Libreria Editrice Vaticana, Vatican City: 2007, excerpt from paragraph #34</p> <p>Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/</p>
<p>Feb</p>		<p>Day of Recollection</p>	<p>Day of Recollection</p>
<p>March (6)</p>	<p>The Four Pillars of Dominican Life: Prayer, Part II of III (Mental Prayer)</p>	<ul style="list-style-type: none"> • State that prayer in all stages is always the initiative of God the Holy Spirit, a gift of grace. • Recognize that fidelity to mental prayer helps one to grow in love of God , love of neighbor (Ch. 1) and love of the Church. 	<p>Philippe, Jacques <i>Time for God</i>. New York, NY: Scepter Publishers, 1992.</p> <ul style="list-style-type: none"> • Ch 1, 2, and 3 (pp 7-65) <p>Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/</p>

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	SAINT: Bl. Henry Suso St. Catherine of Siena	<ul style="list-style-type: none"> Recognize the various categories that spiritual writers use to describe ways and stages of prayer: <ul style="list-style-type: none"> Purgative, illuminative, unitive Meditation, affective prayer, contemplation Active prayer to passive prayer 	
April (7)	The Four Pillars of Dominican Life: Prayer, Part III of III (Lectio Divina and Mental Prayer) SAINTs: Bl. John of Fiesole (Fra Angelico) Bl. Imelda Lambertini	<ul style="list-style-type: none"> Explain the importance of meditation to growth in prayer. Ch. 4) Practice <i>Lectio Divina</i> together with a passage from a Gospel. (Perhaps invite a guest to speak/present on it.) Pray the “Jesus Prayer” (Ch. 5) Understand how the praying the Rosary unites us with the Heart of Mary and leads us into Her own mental prayer giving us access to the Heart of Jesus (Ch. 5) Recognize spiritual writers and various forms of mental prayer (appendices) 	<p>Philippe, Jacques <i>Time for God</i> Ch. 4, 5 (pp. 82-98 and Appendices pp. 99-108)</p> <p>Morello, Rev. Sam Anthony, OCD. “<i>Lectio Divina: Framework of Teresian Prayer</i>”. ICS Publications. http://www.elcarmelo.org/lectiodivina.html, accessed January 2017. Used with permission.</p> <p>Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/</p>
May (8)	The Four Pillars of Dominican Life: Study SAINTs: Thomas Aquinas Albert the Great	<ul style="list-style-type: none"> Understand St. Dominic’s passion for study of Sacred Scripture and Teachings of the Church Define study as a sacred task Compare and contrast the anthropologies of Plato and Aristotle. Briefly explain why Thomas favored Aristotle’s. 	<p>Murray, Paul. <i>The New Wine of Dominican Spirituality</i>. Ch. 3 “Eat the Book: Study in the Dominican Tradition” (pp. 78-127).</p> <p>Ashley, Benedict, OP. “The Life of a Teacher” in <i>Thomas Aquinas: The Gifts of the Spirit</i>. New York: New City Press, 1995, pp 7-13.</p> <p>Excerpts from <i>Misericordia Veritatis</i>, “The Mercy of Truth.” Acts of the General Chapter of Providence, 2001, Chapter III: “The Intellectual Life” and the General Chapter of Trogir, 2013.</p>

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			<p>St. Albert the Great http://www.nashvilledominican.org/community/our-dominican-heritage/our-saints-and-blesseds/st-albert-great/ accessed Dec 2016.</p> <p>St. Thomas Aquinas. Text slightly adapted from http://www.nashvilledominican.org/community/our-dominican-heritage/our-saints-and-blesseds/st-thomas-aquinas/, accessed Jan 2017</p>
<p>June (9)</p>	<p>The Four Pillars of Dominican Life: Preaching/Apostolate</p> <p>SAINT: St. Vincent Ferrer</p>	<ul style="list-style-type: none"> • Describe the Church’s understanding of the Role of the Laity as expressed in <i>Lumen Gentium</i> • Understand St. Dominic’s zeal for preaching the Word of God for the salvation of souls • Describe how the Holy Spirit fills one with the desire to preach the Gospel • Recognize Mary’s role as Preacher of the Word 	<p>Murray, Paul. <i>The New Wine of Dominican Spirituality</i>. Ch. 4 “Dominicans Drinking: Preachers and the New Wine of the Gospel” (pp. 128-170)</p> <p>Pope Paul VI. “The Laity”. Chapter IV of "Dogmatic Constitution on the Church - <i>Lumen Gentium</i>." Vatican: the Holy See. Rome, 21 Nov. 1965. Web. 29 Jan. 2013</p> <p>Cadore, Fr. Bruno., OP. “Mary: Contemplation and Preaching of the Word,” Essay of the Master of the Order of Preachers in preparation for the 800th Jubilee. February, 2013. http://www.op.org/en/content/mary-contemplation-and-preaching-word, accessed Jan 2017.</p> <p>Saints: http://www.nashvilledominican.org/community/our-dominican-heritage/</p>

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<p>The following two months' studies are readings on happiness and human nature (according to St. Thomas) in preparation for more Dominican readings on the Theological Virtues and The Gifts of the Holy Spirit</p>			
<p>July (10)</p>	<p>Virtue and the Nature of Happiness</p> <p>SAINT: Margaret of Costello</p>	<ul style="list-style-type: none"> • Describe the nature of happiness (according to St. Thomas) • List the powers of a rational soul: the role of the intellect, the will, and reason; • Enumerate the “passions” and identify their goals: <ul style="list-style-type: none"> ○ Love and hate ○ Desire and aversion ○ Pleasure and pain ○ Hope and despair ○ Fear and daring ○ Anger 	<p>Farrell, Walter and Martin Healy, OP. <i>My Way of Life: the Summa Simplified for Everyone</i>. New York: Confraternity of the Precious Blood, 1952. Part IIa. Ch 1-6, pp. 155-233</p> <p>“Meditation on the Gospel of Beatitudes” by Msgr. Charles Pope http://blog.adw.org/2011/01/description-more-than-prescription-a-meditation-on-the-gospel-of-the-beatitudes-from-the-4th-sunday-of-the-year/</p> <p>Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/our-saints-and-blesseds/bl-margaret-castello/</p>
<p>Aug (11)</p>	<p>Introduction to the Cardinal and Theological virtues</p> <p>SAINT: St. Antoninus</p>	<ul style="list-style-type: none"> • Define the four Cardinal Virtues and the Theological/infused Virtues: • Compare the role of the natural Virtues and the Supernatural Virtues • Explain that we are moved to action through the Gifts of the Holy Spirit • Understand that the Beatitudes are perfected Gifts given to us by the Holy Spirit 	<p>Farrell, Walter and Martin Healy, OP. <i>My Way of Life: the Summa Simplified for Everyone</i>. New York: Confraternity of the Precious Blood, 1952. Part IIa. Chs. 6-10 (pp. 235-268)</p> <p>Youtube video “The Beatitudes” Part I 15:00 by Bishop Robert Barron https://www.youtube.com/watch?v=yclU9qj-c3U</p> <p>Youtube video “The Beatitudes: The Portrait of Happiness” 3:25 by Bishop Robert Barron https://www.youtube.com/watch?v=tQ1VCDFEkkk</p> <p>Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/our-saints-and-blesseds/st-antoninus/</p>